## References:

- Social touch deprivation during COVID-19: effects on psychological wellbeing and craving interpersonal touch, by Mariana von Mohr, Louise P. Kirsch, and Aikaterini Fotopoulou, 2021
- 2) The power of social touch: How a loving caress really can ease anxiety, by Richard Sima, The Washington Post, 9 February 2023
- 3) *Touch communicates distinct emotions*, by Hertenstein MJ, Keltner D, App B, Bulleit BA, Jaskolka AR. 2006
- 4) Reading the mind in the touch: neurophysiological specificity in the communication of emotions by touch, by Kirsch LP, Krahé C, Blom N, Crucianelli L, Moro V, Jenkinson PM, Fotopoulou A. 2018
- 5) The soothing function of touch: affective touch reduces feelings of social exclusion, by von Mohr M, Kirsch LP, Fotopoulou A. 2017
- 6) Affectional responses in the infant monkey, by Harlow HF, Zimmerman RR. 1959
- 7) Brain substrates of mother–infant attachment: contributions of opioids, oxytocin, and norepinephrine, by Nelson EE, Panksepp J. 1998
- 8) Frequency of infant stroking reported by mothers moderates the effect of prenatal depression on infant behavioural and physiological outcomes, by Sharp H, Pickles A, Meaney M, Marshall K, Tibu F, Hill J. 2012
- 9) The dual nature of early-life experience on somatosensory processing in the human infant brain, by Maitre NL et al. 2017
- 10) Is touch in romantic relationships universally beneficial for psychological well-being? The role of attachment avoidance, by Debrot A, Stellar JE, MacDonald G, Keltner D, Impett EA. 2020
- 11) Interpretations, evaluations, and consequences of interpersonal touch, by Burgoon JK, Walther JB, Baesler EJ. 1992
- 12) Hands touching hands: affective and evaluative effects of an interpersonal touch, by Fischer JD, Rytting M, Heslin R, Fisher JD, Rytting M, Heslin R. 1976
- 13) Tactile stimulation and consumer response, by Hornik J. 1992
- 14) The Midas touch: the effects of interpersonal touch on restaurant tipping, by Crusco AH, Wetzel CG. 1984
- 15) Touch, compliance, and awareness of tactile contact, by Joule R-V, Guéguen N. 2007
- 16) Adult tactile stimulation during face-to-face interactions modulates five-month-olds' affect and attention, by Stack DM, Muir DW. 1992
- 17) Touch attenuates infants' physiological reactivity to stress, by Feldman R, Singer M, Zagoory O. 2010
- 18) History and strategies of research on social touch, by Thayer S. 1986
- 19) Preschoolers' cognitive performance improves following massage, by Hart S, Field T, Hernandez-Reif M, Lundy B.1998
- 20) Violence and touch deprivation in adolescents, by Field T. 2002

- 21) Physical contact and loneliness: being touched reduces perceptions of loneliness, by Heatley TA, Dunbar RIM, Montero M. 2020
- 22) Infant-mother attachment, by Ainsworth MS. 1979
- 23) The tactile context of a mother's caregiving: implications for attachment of low-birth-weight infants, by Weiss SJ, Wilson P, Hertenstein MJ, Campos R. 2000
- 24) The origins of 12-month attachment: a microanalysis of 4-month mother-infant interaction, by Beebe B et al. 2010
- 25) Affective interpersonal touch in close relationships: a cross-cultural perspective, by Sorokowska A et al. 2021
- 26) The Positives of Plushies: Stuffed Animals Have Benefits for Children and Adults Medicine, Neuroscience, by Vincent Lai, August 8, 2021
- 27) Touching a Teddy Bear Mitigates the Negative Effects of Social Exclusion to Increase Prosocial Behavior, by Kenneth Tai, Xue Zheng, and Jayanth Narayanan, 2011